

Notes:

Instruments to know for your benchmark:

Spring Scale: measure *force* in *Newtons*



(Sir Issac Newton-law of physics-three laws)

Watch Video: <http://www.youtube.com/watch?v=zrWD9CRYIMQ>

Triple Beam Balance: measure *mass* in *grams*



Watch video: <http://www.youtube.com/watch?v=C9howXG7LUY>

Chant:

<http://www.clickandteachit.com/files/triple%20beam%20balance%20chant%20mary%20massey.wav>

Mass means matter and that's a fact with the triple beam balance add front to back,
add 1, add 2, add the 3rd beam . . . ya that's right you get the scene!

Keep it up you use your hand and don't forget to label grams!

Energy- the ability to do work.

Work=Force x distance (we will learn a lot about this formula soon)

$W = Fxd$

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